



# COMPREHENSIVE SCHOOL MENTAL HEALTH SERIES

**SESSION 1:** 12/12/24-1:30-3PM  
**Mental Health Literacy: Building Capacity to Support Student Mental Health (VIRTUAL)**

This session will equip participants with additional tools/resources for increasing their mental health literacy, including: understanding mental health and mental health literacy, understanding the components of mental health literacy for educators, engaging in self-reflection related to your own mental health literacy, and identifying mindsets and skills useful in supporting student mental health.

**SESSION 2:** 2/5/25-1:30-3PM  
**The WI School Mental Health Framework: Building & Sustaining a Comprehensive System (IN-PERSON)**

This session will provide participants with an introduction to Wisconsin's School Mental Health Framework, including how to approach school mental health from a systems change lens using the guiding principles of trauma sensitive schools.

**SESSION 3:** 3/14/25-1:30-3PM  
**Introduction to the Roadmap for School Mental Health Improvement (IN-PERSON)**

This session will provide participants with an introduction to the Roadmap for School Mental Health Improvement, including discussing the relationship between the Wisconsin School Mental Health Framework and the Roadmap for School Mental Health Improvement.

**SESSION 4:** 5/13/25-8:30-10AM  
**Comprehensive School Mental Health System: Needs Assessment & Resource Mapping (IN-PERSON)**

This session will provide participants with an introduction to resources/tools that can be leveraged to complete needs assessments and resource mapping within a Comprehensive School Mental Health System (CSMHS).

**Cost: FREE**

**Location:** CESA #1 - N25 W23131 Paul Rd.  
Suite 100, Pewaukee, WI 53072

**REGISTER**

<https://cesa1.app.neoncrm.com/event.jsp?event=7831&>

**Registration Questions:** Jodi Sodemann, Program Specialist, [jsodemann@cesa1.k12.wi.us](mailto:jsodemann@cesa1.k12.wi.us)

Americans with Disabilities Act (ADA): CESA #1 will provide reasonable accommodations for qualified individuals with disabilities attending our workshops or events. If you require accommodations, please contact the workshop coordinator for that event.

